

**Gaelscoil Mhic Amhláigh
Lána an Mhuisseora, Cnoc na Catharach, Gaillimh**

Fón: 091 590152

NUACHTLITIR NA SAMHNA

A Thuismitheoirí, a chairde,



Oíche Shamhna/ Halloween

Beidh an scoil dúnta don bhriseadh lá-théarma ón 31ú Deireadh Fómhair go 4ú Samhain (san áireamh). Is féidir leis na gasúir gléasadh suas ag teacht ar scoil Dé hAoine 28ú Deireadh Fómhair mar chéiliúradh ar Oíche Shamhna. Ní bheidh cead ag na páistí bataí draíochta, mascanna nó aon uirlis breise a thabhairt isteach leo. Is féidir leis na páistí dhá rud a thabhairt isteach sa bhosca lón **dóibh fhéin** do chóisir beag ranga. Meabhraítear do thuistí nach bhfuil cead cnónna nó aon bhia le aon rian cnónna a bheith sa bhosca loin.

The school will be closed for midterm break from 31st October – 4th November (inclusive). The children can come to school in Halloween fancy dress on Friday October 28th. Items such as wands, broomsticks, toy weapons, face masks and any other extra items are not permitted (ie. No added props!). *Children may bring two treats for themselves in their lunch box for lunchtime.* Reminding Parents that nuts or any foods containing nut products are not permitted in lunch boxes due to severe nut allergies.



27ú Deireadh Fómhair 2022

An Chéad Chomaoineach / First Holy Communion

13ú Bealtaine 2023 @ 11:30

13th May 2023 @ 11:30



Cruinnithe Tuismitheoirí Múinteoirí Rang 2-6/ Parent Teacher Meetings for 2nd-6th Classes

Beidh muid ag reachtáil na cruinnithe Tuismitheoirí / Múinteoirí ar an Déardaoin 17ú & 24ú Samhain do ranganna 2-6 sa scoil. Beidh cead ag tuismitheoirí am a roghnú ó na hamanta atá ar fáil ag na múinteoirí ar an aip Aladdin. Seolfar téacs chugat nuair a bhéas gá duit am a roghnú. Beidh cruinnithe Tuismitheoirí / Múinteoirí Ranganna Naíonáin- Rang 1 ar siúl i mí Feabhra.

We will be conducting Parent Teacher meetings for classes 2nd-6th on Thursday 17th and 24th November in school. Parents will be sent a timetable of slots available through the Aladdin App and they can choose the slot that suits them. We will send you a text to let you know when this timetable will be available on Aladdin. Parent Teacher meetings for Infant and First Classes will take place in February.



Eolas Ranga/ Class Information

Mile buiochas do na muinteoiri a chur na cruinnithe eolais ranga ar fail le culpa seachtain.

Tá suil againn go bhfuair na tuismitheoiri cabhrach iad.

Many thanks to the teachers for providing the information meetings for the parents recently. We hope parents found them informative and helpful.

Text a Parent

Muna bhfuair tú téacsanna agus ríomhphoist uainn go fóill í mbliana abair le Kathleen nó le hAcife faoi san oifig láithreach. Táimid tar éis cúpla téacs a sheoladh cheana fhéin.

Texts and emails have been sent to families in the last few weeks. If you haven't received texts from us please inform Kathleen or Aoife in the office immediately. Mile Buiochas.



Nuacht Litir na Samhna 2022

EOLAS MAIDIR LE COVID-19

Tá an Roinn Sláinte agus oifig an Phríomhoifigigh Leighis tar éis a chur in iúl nach bhfuil aon riachtanais nua ann i dtaca le COVID-19 a bhainistiú.

Is iad seo a leanas na príomhtheachtaireachtaí:

➤ **Fan sa bhaile má tá tú tinn.**

An bealach is fearr le gach víreas a choinneáil amach as an scoil ná fanacht sa bhaile má tá tú tinn agus go dtí go bhfuil do shiomptóim leigheasta go suntasach ar feadh 48 uair an chloig.

➤ **Coinnigh dea-chaighdeán sláinteachais lámh**

➤ **Cloígh le béasariospráide**

➤ **Cinntigh go bhfuil socruithe ann maidir le haeráil mhaith**

➤ **Lean ar aghaidh agus coinnigh dea-leibhéal glantacháin**

Cé nach bhfuil gá dúinn bheith ag cur i n-iúl má bhíonn cás COVID sa rang , braitheann muid go mbeadh sé níos ciallmhara ó thaobh sláinte chuile dhuine , go leanadh muid ar aghaidh ag seoladh téacs ag an rang má bhíonn cás COVID i rang do pháiste.Thabharfadh sé cabhair do thusimitheoirí agus don fhoireann bheith níos airdeallaí ó thaobh siomptóim dhith . Mar sin , iarrann muid oraibh téacs a sheoladh chuig 086 0428661 nó ríomhphost chuig scoilmias@gmail.com Luan-Aoine má bhíonn COVID ar pháiste .

Má tá COVID ar pháiste , níl cead acu teacht ar scoil. Míle buíochas.



INFORMATION REGARDING COVID-19

The Department of Health and the office of the Chief Medical Officer have advised that there are no new requirements in respect of managing COVID-19.

The key messages are as follows:

➤ **Stay at home if you are unwell.**

The best way to keep all viruses out of school is to stay at home if you are unwell and until your symptoms have substantially resolved for 48 hours.

➤ **Maintain a good standard of hand hygiene**

➤ **Adhere to good respiratory etiquette**

➤ **Ensure good ventilation arrangements**

➤ **Continue to maintain good levels of cleaning**

Even though there are no new requirements in respect of managing COVID-19 , we feel in the interest of safety that we should continue informing parents and staff if someone has COVID in their class . This information will help everyone to be more vigilant regarding symptoms. Therefore, we are asking parents to continue to text or email us Monday-Friday if their child has COVID-19 , 086 0428661 or scoilmias@gmail.com .

If a child has COVID , they are not allowed to attend school .

Nuacht Litir na Samhna 2022

CULAITH SCOILE/ SCHOOL UNIFORM

Rang 1-6 : Tá gá do gach páiste an culaith iomlán scoile a chaitheamh ar na laethanta nach bhfuil corpoideachas /snámh ar siúl ag an rang . Cuirfí an muínteoir I n-iúl daoibh cé na laethanta a chaitheann páistí an culaith spóirt tríd ríomhphost a sheoladh chugaibh nó ag na cruinnithe eolais ranga an tseachtain seo chugainn .

Más mian le páistí brístí gearr a chaitheamh , tá cead briste gearr liath /gorm a chaitheamh leis an culaith spóirt ar laethanta spóirt ach caithfear an léine & carbhat a chaitheamh más mian le páistí bheith ag caitheamh brístí gearr ar laethanta eile . Níl cead aon brístí gearr clubanna nó brístí gearr ainmneacha spóirt eile a chaitheamh ar scoil . Is bríste gearr liath /gorm gan aon suntais orthu a cheadaítear .

Déan cinnte go bhfuil ainm an pháiste ar na héadaí scoile . Is féidir lipéidí a cheannacht ó nametags.ie.

1st-6th Classes: Every child must wear their full school uniform every day except for the days their class has Physical Education Class or swimming classes . Each teacher will inform parents through email or at the class information nights the days the children may wear the school sports uniform .

If children wish to wear shorts, they may wear dark grey/navy in colour shorts with no clubs/labels/brands on them.

Please ensure children have their names on all of their school clothing. You may purchase labels from nametags.ie.

Sintiús Ealaíne & Árachas Pearsanta/Art/Photocopying Subscription/Personal Accident Insurance

Bheifí buíoch ach go n-íocfaí as an sintiús seo ar líne (e-payment), mar a bhí luaite ar na leabhar liostaí led’thoil agus atá dlite ó thús Mheán Fómhair - €80 do gach páiste i Rg Naónáin –Rang 6, €85 NM chomh luath agus is féidir. Tá an scoil ag íoc árachas pearsanta 24 uair a chloig do gach páiste as seo, achmhainí, ábhar ealaíne, fótacoipéail, tástáil, cíos leabhra, sintiús scoile Seesaw & rl. Íocann an scoil árachas pearsanta 24 uair a chloig do gach páiste as an sintiús seo a chlúdaíonn timpistí a tharlaíonn sa bhaile chomh maith le timpistí ar scoil.

Please submit the subscription online (e-payment) for the materials listed on the booklists due since the beginning of September - €80 per child for Junior Infants-6th Class, €85 Sen Infants. The school is paying 24 hour Personal Accident Insurance cover for each child, Art materials, photocopying, assessments, Seesaw subscription per child , provision of accelerated readers , class resources etc out of this subscription. 24 hour personal insurance is paid by the school for every child and covers accidents at home, as well as at school, 24 hours 7 days a week.



Miolta Gruaige/Headlice

Iarrtar ar thuismitheoirí gruaig a bpáistí a sheiceáil le linn an sos lárthearma. Féach nota faoi ‘**Bug Busting**’ ar an suiomh idirlin. Is féidir an bosca ‘**Bug Busting**’ a cheannacht ón oifig muna bhfuil ceann agat.

Parents are asked to check children’s hair during the midterm break and treat accordingly. Please see guidelines on ‘Bug Busting’ system in the Downloads section on our website. You may buy a ‘Bug Busting’ kit from the school office if you’re finding it difficult to find one.

Tinrimh Scoile agus céimeanna le leanacht má bhíonn páiste as láthair/Attendance at school and Procedures to be followed relating to notification of a child's absence from school

Tá sé riachtanach go gcuireann tú muid ar an eolas maidir le **fathanna aon asláithreacht scoile**. Is féidir é seo a dhéanamh tríd an **Aip Aladdin** ar do ghuthán. Nuair a théann tú isteach ar do Aip tar éis tréimhse asláithreachta do pháiste, cur tic ar an fáth atá an páiste as láthair, biodh sé **TINNEAS, CÚISEANNA PRÁINNEACHA CLAINNE, SAOIRE CLAINNE, EILE**.

Tá sé de dhualgais ar an scoil an Oifigeach Leasa Oideachais a chur ar an eolas faoi tréimhsí asláithreachta a théann thar 20 lá scoile in aon scoil bhliain amháin. Tá ar an scoil an fáth leis an asláithreachta a chur i n-iúl do Thusla má théann an asláithreacht thar 20 lá, **tá sé riachtanach go bhfuil an fáth ar thaifead ar an aip Aladdin ag tuisti**. Muna lónann tuistí isteach an fáth, breathnófar orthu mar asláithreacht **GAN MÍNÍÚ**. Má bhíonn ort páiste a thabhairt abhaile luath ón scoil ar chuíis ar bith nó má bhíonn ort páiste a thabhairt ag coinne le linn an lá scoile caithfear an páiste a shíneadh amach i leabhar in oifig na scoile. Má fhilleann an páiste roimh 2.30 caithfear iad a shíneadh isteach arís Polasaí Sláinte & Sabháilteacht.

It is essential that you keep letting us know details of all absences through the Aladdin Connect App. When you click into the App on your phone after your child has been absent, indicate whether the absence is related to ILLNESS, URGENT FAMILY REASONS, HOLIDAY or OTHER.

Please call the office if you need any assistance with this. Nearly all families are using the Aladdin App on their phones. A paper version is available on the school website or you may seek copies from the office. Thank you for following the protocols.

The school is obliged, by law, to inform Tulsa when a pupil is absent for a total of 20 school days in one school year. As the school has to report the category of absence when informing Tulsa, it is essential that after every absence that parents record the absence on Aladdin App. If the school doesn’t receive an explanation, we have to record them as UNEXPLAINED ABSENCES.

If a child has to leave school during the school day for any reason the adult collecting the child must sign the child out in the school office and sign them in again if they are returning to school before 2.30 (Health & Safety Policy).

Nuacht Litir na Samhna 2022

RANGANNA GAEILGE/IRISH CLASSES

Táimid ag súil le ranganna Gaeilge bheith ar siúl do thuismitheoirí agus don phobal sa scoil go luath. Má tá suim agat freastal ar ranganna Gaeilge, seol ríomhphost chuí Aoife san oifig ag aoife.uimhurchu@gsmhicamhlaigh.ie an tseachtaí seo chugainn .

Iarrann muid ar thuistí gach iarracht an Ghaeilge atá acu is cuma cé chomh beag a usáid lena bpáistí agus iad ar láithreán na scoile agus iad ag cumarsáid sa scoil. Míle buíochas.

We hope to be able to offer Irish Language classes to parents and the community very soon. If you are interested in availing of the Irish classes please contact Aoife in the office at aoife.uimhurchu@gsmhicamhlaigh.ie next week.

We ask Parents to use whatever Irish they have (regardless of how little) while conversing with their children and school staff on school grounds. Many Thanks



Fundraiser- Cartaí Nollag/Christmas Cards

Beidh na cártáí Nollag á dhearadh go luath ag na páistí agus tá súil againn iad a bheith ar ais againn ó na clódóirí go luath. Cuirfear abhaile sampla t'éis na Samhna ionas gur féidir libh órdú a chur isteach. Beidh costas 10 euro an phaca orthu.

The children will be designing their own unique Christmas Card again this year and they will be sent to the printers shortly. We will be sending a sample card home after the midterm so that you may order them in time for sending to family and friends for Christmas. Cost -10 euro a pack.

Rothaíocht/ Cycling

Molaim go hard gach éinne atá ag siúl agus ag rothaíocht ar scoil. Míle buíochas leis an bus rothaíochta agus na tuismitheoirí /múinteoirí ar fad atá ag cuidiú leis na páistí ar go leor bealaí agus ag tabhairt an deis seo dóibh. Iarraim ar na páistí agus na tuistí a bhíonn ar rotháí bheith cúramach nuair a bhíonn siad ag teacht isteach agus ag imeacht amach ón suíomh scoile agus iad ar na rothair. De bharr an méid daoine atá thart timpeall ar an suíomh, iarraim oraibh siúl leis an rothar le bhur dtoil ar an suíomh scoile. Iarraim muid oraibh chomh maith glas a chur ar na rothair an fhad 's atá siad ar shuíomh na scoile.

Well done to all our parents and children who are cycling and walking to school. We are so grateful to our cycling bus and the many parents/teachers who are participating in this healthy initiative for all. We're asking all our great cyclists to be extra vigilant when entering and exiting the school site. We ask you to walk with your bikes on the school site to ensure everyone's safety. Bikes should be locked when unaccompanied on the school site . Míle buíochas.



Nuacht Litir na Samhna 2022

COISTE TRÁCHTA/ TRAFFIC COMMITTEE

Buiochas ó chroí leis an gcoiste tráchta agus leis na tuismitheoirí nua atá ag cuidiú leo i mbliana . Tá sibh ag cabhrú le gach duine a choinneáil sábháilte ar maidin agus muid fíor bhúioch dibh . Fáilte speisialta roimh na tustí nua a bhí sásta cabhrú linn i mbliana.

A special thank you to our helpful and selfless traffic committee who are keeping everyone safe and assisting with the morning traffic. The work you do for the parents of our children is significant and so appreciated.

Smile and thank them each morning!



TRÁCHTA/ TRAFFIC

Cupla meabhrúcháin !

- Níl cead tiomáint isteach ar láithrean na scoile ar maidin ach amháin má tá tú ag fágáil do pháiste ag an spás 'Fág & Fuadaigh'
- Níl cead tiomáint isteach ar láithreán na scoile tar éis scoile ar chor ar bith seachas nuair atá sibh ag bailiú ón iarscoil ag 4 nó 6 i.n.
- Iarrtar oraibh páirceáil sa gcarrchlós atá trasna an bhóthair ag Dunnes agus siúl an bealach gear chun na scoile leis na páistí . Déanfaí an siúlóid gear maiheas dóibh .
- Má bhíonn tú ag pairceáil in aice le Lána an Mhuilleora , taispeáin meas agus bí tuisceanach do na tionónataí i n-eastát Gort na Bró . Ná bí ag páirceáil in aice bealach isteach & amach an eastát le bhur dtoil .
- Smaoinigh má bhíonn tú ag tiomáint ar chlé , páirceáil ar chlé . Má bhíonn tú ag tiomáint ar dheis , pairceáil ar dheis . Cuideoidh sé leat fhéin & gach duine eile & tá sé sábháilte !

Clárúcháin Scoile / School Enrolments

De réir Polasaí nua lontrála na scoile, beimid ag glacadh le foirm iarratais do Rang Naónain Bheaga 2023 suas go dtí 6ú Eanair 2023. Déan cinnte go bhfuil ainm do pháiste ar an liosta atá againn má tá páiste agat atá ag tosnú ar scoil i Meán Fómhair 2023. Beimid ag tabhairt amach na spásanna ar an 27ú Eanair 2023.

In accordance with our Annual Admission notice ,we will be accepting applications for our new Junior Infant classes 2023 up until January 6th 2023. If you have a child who is due to start school in September 2023 , please ensure their names are on the applications list .

Places will allocated in accordance with new enrolment policy on the 27th January 2023.





Cóineartú/ Confirmation

Níl aon data fáigte agaibh don Chóineartú. Nuair a chuirfear i n-iúl dúinn é, cuirfimid i n-iúl daoibh é ar an bpoinnte.

We haven't been given a date for Confirmation yet. We will inform you of same once notified.

Team Hope-Christmas Shoebox Appeal 2022

An t-am sin den bhliain arís!!!! Tá muid ag tabhairt faoin Team Hope Christmas Shoebox Appeal arís i mbliana. Is carthanacht iontach é a chuireann boscaí goodies ag páistí bochta, ar fud oirtheor na hEorpa agus freisin chuig tíortha na hAfraice. Tá billeog eolais faighe ag chuile pháiste sa scoil. Bheadh muid fíor bhuíoch dá ndéanfadh chuile pháiste iarracht bosca a chuir le chéile i mbliana. Beidh an bus ag teacht chun na boscaí a bhailíú uainn ar an Aoine an 11ú Samhain. Mar sin iarraim oraibh gan na boscaí a thabhairt isteach go dtí tar éis na Samhna. Is féidir an €4 chun costais taisteal a chlúdach a íoc ar líne nó €4 a chuir leis an mbosca.

That time of the year folks!!! Again this year we are collecting shoeboxes for the Team Hope Christmas Shoebox. This is a fantastic charity which send boxes to needy children all over Eastern Europe and to parts of Africa. Every child in school has now received an information leaflet. It would be great if every child in school could put a box together this year. The bus is coming to collect our boxes on Friday the 11th of November so we ask you not to start bringing in the boxes until after the Halloween break. The €4 which is to be paid to cover transport costs can be paid online or €4 can be put with the shoebox.



Go raibh míle maith agaibh.

Múinteoir Fergal Rang 5

Imeachtaí Scoile



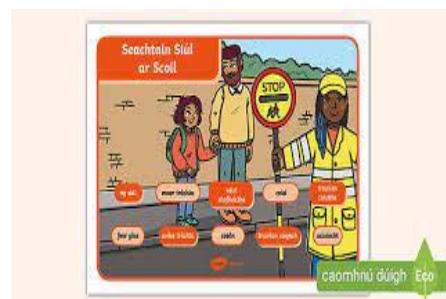
Bhí rang a ceathar ar thuras chuig Muséam Na Gaillimhe, bhain siad an-taitneamh as.

Tháinig Áine Ní Fhlatharta agus rinne sí ceardlann le rang a 5 ar phailin agus feithidí, bhí sé thar a bheith suimiúil.



Chur páistí ó rang 2-6 síolta crainn dúchasach ag fás.
Buiochas le páistí an coiste glas a chuir an-obair isteach ag eagrú málaí síolta, ithir srl.

Comhghairdeas le na ranganna a rinne an iarracht is mó chun siúl ar scoil i rith 'seachtain náisiúnta siúl ar scoil'.



Go n'éirí libh na páistí ar fad a sheol póstaerí isteach chuig comórtas ealaín an Comhartha Creidmheasa agus Comhairle Cathrach na Gaillimhe.

Nuacht Litir na Samhna 2022



Uiscenauts

Ghlac páistí rang 6 páirt i gclár nua teilifíse, Uiscenauts, a bheidh á chraoladh ar TG4 san Earrach. Rinneadh taifead ar an seó i mí Dheireadh Fómhair i mBay Sports. Is iad Caoimhe Ní Chosgair, Aoife Ní Ící, Darragh Breathnach agus Ben Ó Maolchallann a sheas an fód d'fhoireann Ghaelscoil Mhic Amhlaigh. Bhí cúig dhúshláin le déanamh ag an bhfoireann agus b'éigean dóibh comhoibriú lena chéile agus a gcuid scileanna cumarsáide a úsáid chun an lámh in uachtar a fháil. Thug lucht tacaíochta na scoile neart agus spreagadh dóibh le linn na dtascanna. Bhí siad i gcoinne Gaelscoil an Chuillinn ó Bhaile Átha Cliath agus d'éirigh leo an bua a fháil agus an corn a thabhairt abhaile! Comhghairdeas leo ar fad!

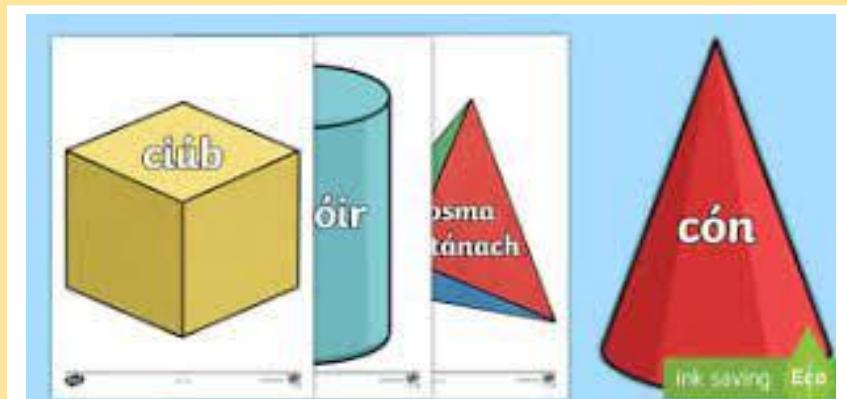
6th class pupils took part in a brand new television show, Uiscenauts, that will be shown on TG4 in the spring. The show was recorded in Bay Sports in October. Caoimhe Ní Chosgair, Aoife Ní Ící, Darragh Breathnach agus Ben Ó Maolchallann represented Gaelscoil Mhic Amhlaigh in the show. They took part in five challenges and had to work together and use their communication skills to win. The school supporters gave the team lots of encouragement during the tasks. They were against Gaelscoil an Chuillinn from Dublin and managed to take the trophy back to Galway! Congratulations to all involved!



'Cén chaoi gur féidir liom cabhrú le mo pháiste le mata sa bhaile?'

Tá sé mar aidhm ag an alt seo na leideanna is fearr a thabhairt duit maidir le cén chaoi gur féidir cabhrú le do pháiste le mata sa bhaile:

1. Tabhair spreagadh: Cuimhnigh go bhfuil do pháiste ar thuras foghlama agus ní gá dóibh deireadh an turais seo a bhaint amach inniu nó amárach. Spreag intinn fiosrach trí cheisteanna a chur faoin gaoi ar réitigh siad rud éigin, nó an bhféadfaí é a dhéanamh ar bhealach difriúil.
2. Is iontach an rud é botún a dhéanamh! Léiríonn taighde go dtagann forbairt ar an inchinn nuair a dhéantar botún. Déan ceiliúradh ar seo agus ná cuir an bhéim ar an bhfreagra ceart a fháil an t-am ar fad – cinnte go bhfuil sé tábhachtach ach an chaoi gur tháinig siad ar an bhfreagra an rud is tábhachtaí !
3. Cuardaigh an mata timpeall ort. Is minic a fhágann páistí an scoil leis an tuiscint gurb í an mhatamaitic an rud a tharlaíonn le linn rang matamaítice agus laistigh de leabhar matamaítice. Tá i bhfad níos mó ná sin i gceist. Cuir ar an eolas iad faoin mata atá ar siúl timpeall orthu go laethúil ar an oiread sin leibhéal éagsúla.
4. Tá sé ceart go leor gan an freagra a bheith ar eolas agat. Is deis foghlama criticiúil do pháistí a thuiscint nach bhfuil na freagraí go léir ag daoine fásta fiú. Ba chóir go dtuigfeadh páistí nach stopann an fhoghlaim riamh. Is é an rud a dhéanann tú ina dhiaidh sin atá an-tábhachtach. An siúlann tú amach mar níl an freagra ar eolas agat nó an ndéanann tú iarracht fadhb a réiteach agus é a dhéanamh amach?
5. Is bealach iontach iad cluichí boird chun am a chaitheamh le do pháistí agus má tá an cluiche boird ceart agat, is iomaí spraoi, dúshláin agus foghlaim a tharlaíonn. Is príomhghhnéithe den mhatamaitic iad straitéis agus an loighic: nuair a chaileann páiste i gcluiche, spreagann sé iad chun smaoineamh go straitéiseach ar chén chaoi gurbh féidir leo an bua a bheith acu an chéad uair eile.
6. Labhair 'mata' leo. Má úsáideann tú an foclóir ceart matamaítice le do pháiste léiríonn tú dóibh an teangain atá tú ag súil go mbeadh acu. Níl aon fhocal matamaítice ró-'fhada' nó 'casta'. Go minic



'How can I help my child with maths at home?'

This article aims to give you the top tips on how you can best help your child with maths:

1. Be encouraging: Remember your child is on a learning journey and they do not have to reach the end of this journey today or tomorrow. Encourage an inquisitive mind by asking questions about how they solved something, or if it could be done in a different way (which it always can be). Ensure puzzles and stimulating activities are on hand for when boredom sets in.

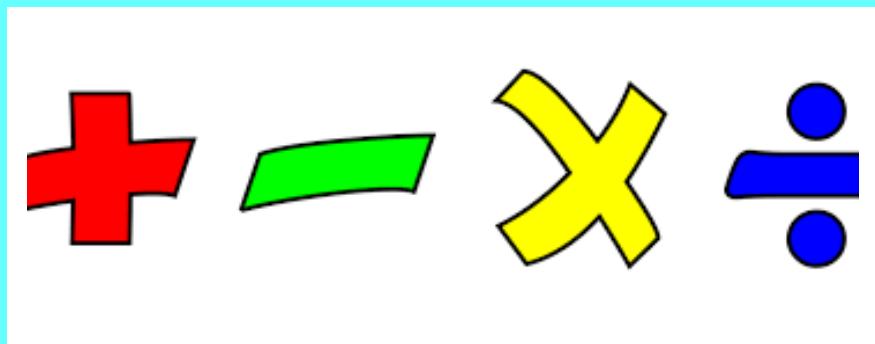
2. Making a mistake is great! New research has shown that the brain actually grows when a mistake is made. Celebrate this and do not put the emphasis on getting the correct answer all of the time – sure it is important but how they got there is far more intriguing!

3. Look for the maths around you. Children very often leave school with the impression that maths is what happens during maths class and with a maths book. Maths is so much more than that. Make them aware of the maths that is taking place around them on a daily basis on so many different levels, for example, a carpenter fitting stairs in a house – what measurements might be needed? A sales assistant balancing the tills in the evening – how will they know if it balances? Parking a car involves spatial awareness – is there enough space for my car there? yes or why not?

4. It's okay not to know the answer. A critical learning opportunity for children is to see that even adults do not have all the answers. Children should realise that learning never stops. It is what you do next that is really important. Do you walk away because you don't know the answer or do you try to problem solve and figure it out?

5. Board games are a great way to spend time with your children and choosing the right board game can provide hours of fun, challenge and learning. Strategy and logic are key elements of maths: beating your child at a board game every night for a week will develop resilience and problem-solving skills that will encourage them to think strategically about how they can beat you the nexttime.

6. Speak 'maths' with them. Using the correct mathematical vocabulary with your child will expose them to the language that you are expecting them to have. If a four or five-year-old child can learn the names of all the dinosaurs and say them correctly then no mathematical word is too 'long' or 'complicated'. Very often children will say 'I did it in my head' but not know how to explain it. This is because they more than likely do not have the language to do so and/or have never been asked to explain it before. Have high, realistic language expectations for them when doing maths.



Nuacht Litir na Samhna 2022

MINI 7'S

Comhghairdeas le Fhoireann Chamógaíochta Mini 7's na scoile a bhéas ag imirt sna Cluichí Ceannais Dé hAoine seo chugainn i Leacht Seoirse. Tháinig siad amach ar bharr a ngrúpa sa chomórtas sna réamhbabhtaí idir 7 scoil áitiúil le deirní . Maith sibh a chailíní, tá muid an-bhródúil asaibh.

Faraor ní cheadaíttear ach painéal de 10 sa chomórtas seo ach beidh comórtaisí na scoileanna agus bliotsanna eile ag na cailíní ar fad t'éis na Nollag. Míle buíochas do Mhuinteoirí Saoirse agus Martina agus d'Eoghan a chuaigh leo freisin .

Congratulations to our camogie team who will be representing the school in the Mini 7's competitions next Friday in Loughgeorge. They came out top of their group of 8 city schools. Unfortunately only 10 players are permitted on the panel in this competition but we are looking forward to the schools competitions and blitzes after Christmas where we will be in 15 a side competitions. A big thank you to Saoirse, Martina and also Eoghan.

Bhí an -imirt le feiceáil ag na cluichí réamhbhabtaí i gComórtas Mini7's lománaíochta na mbuachaillí le deirní thíos ag an Prairie ach faraor fuair GS Dara an ceann is fearr orthu sa chluiche ceannais.

Braitheann méid na scoile ar cé mhéid imreoir is féidir imirt sa chomórtas seo. Faraor, ní raibh muid in ann roinnt bhuachaillí a imirt mar go raibh siad ró-shean don chomórtas.

Our Mini 7's Hurling team did us proud and put on a fine display of hurling in the qualifying games played in the Prairie last week. Although they won all their matches up to the final they came out 2nd best in the final V GS Dara. As there is an age limit depending on the size of your school we were unable to play a lot of our older boys but luckily they will get plenty of opportunities to represent our school in the 15 a side school competitions in the New Year.



Traenáil Camógaíocht/lománaíocht

Beidh traenáil ag tosú do bhuachaillí agus caillíní R4,5 & 6 t'éis scoil gach Dé Luain ag tosú 07/11/22. Beidh sé ar siúil sa Halla má bhíonn sé fliuch ar an lá. Fáilte roimh aon chabhair, déan teangmháil le Mhuinteoirí Martina nó Saoirse thríd an oifig- 091 590152

Training commences for boy's and girls from R4-R6 after school every Monday on 07/11/22, 2.20-3.20. Training will be in Millars Lane or in the hall if raining.

All help welcome. Contact Mhuinteoirí Martina or Saoirse 091 590152.

Nuacht Litir na Samhna 2022

Rasaí tras tíre.

Comhghairdeas le na reathaí tras tíre as Gaelscoil Mhic Amhlaigh gur éirigh leo dul chomh fada leis na rasaí Connachta. Beidh na rasaí sin ar siúl i Longford ar an Satharn an 22ú. Go néirí go geal leo.

Congratulations to the cross country runners who have qualified for the Connacht finals. The finals are being held in Longford this Saturday the 22nd. The very best of luck to the children.



The runners are:

Rose Nic Sheoin Rg 4, Anton Ó Conchúir Rg 4
Cian Watson Rg 5, Emmet Ó Cianáin Rg 6

Traenáil Peile / Football Training

Beidh traenáil ag tosnú ar an gCéadaoin 9ú Samhain go dtí an Nollag ag 2:20 – 3:20 do bhuachaillí agus cailíní Rang 4. Beidh traenáil tar éis na Nollag do Bhuachaillí agus Cailíní Rang 5.

*Football training will be starting on Wednesday 9th November - December 2:20-3:20 for 4th class Boy's and Girls.
Training for the 5th class Boy's and Girls will commence after Christmas.*

Traenáil Liathróid Láimhe / Olympic Handball Training

Beidh traenáil ag tosnú ar an gCéadaoin 26ú Deireadh Fómhair do Bhuachaillí agus Cailíní rang 6 ag 2:20 – 3:20

Training will be commencing on Wednesday 26th October for 6th class Boys and girls at 2:20 – 3:20

Polasaí Ithe Folláin na Scoile / Healthy Eating Policy

Tá moladh mór ag dul do pháistí na scoile atá ag cloí le polasaí ithe folláin na scoile.



Meabhráitear do thuismitheoirí agus do pháistí nach gceadaítear deochanna boga, rudaí milse mar seacláid , criospaí , milseáin , criospaí , brioscáí & rl i lón na bpáisti ar scoil . Tá an polasaí seo ann ar son sláinte agus nósanna maithe beatha a chothú ó aois óg agus go seasfaidh sé leis na gasúir amach anseo ó thaobh a gcuid sláinte dhíth . Iarrtar bhur gcomhoibriú le bhur dtoil . Míle buíochas.

We must commend a majority of our families who adhere 100% to our schools Healthy Eating Policy. We remind parents that sweet foods, fizzy drinks , chocolate, crisps, biscuits , cakes etc are not allowed in school lunches . Please give your child a healthy lunch consisting of a sandwich , bread , yogurt , fruit etc . This Policy is in place to encourage healthy eating from a young age which in turn should lead to healthy living going forward.

Nuacht Litir na Samhna 2022

Sábháilteacht ar Líne

Labhair Jackie ó Zeeko le páistí ó Rang 2-6 agus a dtuistí ar 15 agus 16 Meán Fómhair faoi shábháilteacht ar an idirlíon. Bhí sí an-mholtach do pháistí agus tuismitheoirí na scoile maidir leis an obair atá déanta chun páistí a choinneáil sábháilte ar líne. Roinneamar tortaí an cheistneora a deineadh i Mí Aibreán léi agus níor chreid sí an méid aiseolais fiúntach agus dearfach a tháinig ar ais.

- Seo cúpla pointe a tháinig chun cinn le linn comhrá Jackie leis na páistí...
 1. Níl fón chliste ag móran páistí sa scoil ach tá an-chuid de na páistí sna hardranganna ag imirt cluichí ar líne agus tá cuntas ag go leor acu ar na meáin sóisialta, Snapchat ach go háirithe. Thar aon rud eile mhol sí nach mbeadh cuntas Snapchat ag aon pháiste de bharr an droch tionchar atá aige ar pháistí ó thaobh féin mheas, féin mhuinín agus bulaíocht.
 2. Ní cheart do pháistí a bheith ag imirt cluichí **ar líne** an oiread agus is féidir. Tá sé i bhfad níos sábháilte iad a imirt ar an ngléas ach gan iad a bheith ceangailte leis an idirlíon.
 3. Ní cheart go mbeadh aon ghléas fágtha i seomra codlata an pháiste san oíche.
 4. Tá freagracht ag an **tuismitheoir** as Sábháilteacht an Pháiste ar líne. Tá cumarsáid oscailte an-tábhachtach. Bíodh comhrá agat le do pháiste agus bíodh a fhios agat cad atá á dhéanamh acu ar líne. Mhol sí rialacha daingine ar dtús go dtí go bhfuil an páiste in ann a bheith freagrach astu féin.
 5. Tá tionchar ag ár gcleachtas le gléasanna ar chleachtas na bpáistí. Is fiú dúinn breathnú ar na nósanna atá againn féin!
 6. Bhí ionadh uirthi go bhfuil fóin cliste ag níos mó páistí i Rang 2 ná ag na hardranganna agus tá go leor acu ag imirt Roblox. Má imríonn siad an cluiche seo mhol Jackie go láidir go n-imreodh siad é “offline” mar go bhfuil go leor strainséirí air a úsáideann é chun “friend request” a chur ag páistí.

Eolas breise

- Beidh comhaontas nua roinnte libh laistigh de sheachtain. Sa chomhaontas beidh deis agat a rá:
 - 1) nach ligfidh tú dod' pháiste fón cliste a bheith acu go dtí go bhfágann siad an scoil agus má tá fón cliste acu nach dtógfaidh siad é ar scoil.
 - 2) Nach mbeidh cead acu bheith mar bhall de “web chat” nó go mbeidh cuntas acu ar na meáin sóisialta go bhfágann siad an scoil.

Moltar smaoineamh go cúramach ar na pointí seo agus má réitíonn sé le do thuairimí féin sínigh é (go digiteach) agus seol ar ais é. Beidh na cinní deacra a dhéanann muid mar thuismitheoirí níos éasca má tá tuismitheoirí na gcairde den mheon céanna!

- Beidh Barnardos ag teacht isteach chun labhairt le páistí agus tuismitheoirí Rang 3- 6 i Mí Feabhra le haghaidh Seachtain Sábháilteacht ar an idirlíon agus beidh Cyber Safe Kids ag teacht chun caint le tuismitheoirí níos déanaí sa bláthain faoi phointí níos tromcúisi.
- **Míle buíochas do na tuismitheoirí atá sásta dul ar an gcoiste Sábháilteacht ar Líne i mbliana. Beimíd i dteagmháil libh go luath.**

Nuacht Litir na Samhna 2022

Jackie from Zeeko spoke to children in Rang 2–6 and their parents on the 15th and 16th of September about internet safety. She was very complimentary of the children and their parents for the work that is being done to keep children safe online. We shared the results of the questionnaire from April with her and she was very impressed with the positive feedback that was received.

Here are some of the points that were raised during Jackie's interaction with the children.

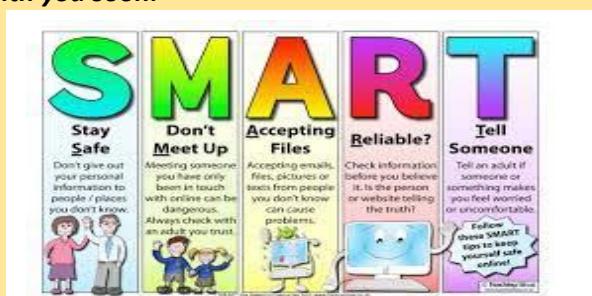
1. Not many children in the school have smartphones but many children are playing games online and have social media accounts, particularly in the higher classes. Above all else, she strongly recommended that children in the school should not have a Snapchat account because of its negative influence on children's self-esteem and the dangers with regard to bullying.
2. Children should not be playing games **online** as much as is possible. It is much safer to play these games on the device only, without access to the internet.
3. Devices should not be left in bedrooms at night, even if switched off.
4. Parents / Guardians are the digital leaders and are responsible for the children's safety online. Good communication is very important between parents and children. She recommended having a conversation with the children about staying safe online and having strict boundaries, which can be eased once children show more responsibility.
5. Our habits have an influence on our children's habits. It is worth taking note of our own practice and trying to set a good example!
6. She was surprised that more children in Rang 2 have smartphones in comparison to those in higher classes. Many of the younger children are on Roblox. Jackie recommended they only play this game online as they are open to receiving friend requests from strangers online.

Extra information:

- A new agreement will be shared with parents through Google Docs in the next week. Within this is an opportunity for parents to sign a form stating that they:
 - 1) Will not allow their children to own their own smartphone and if they do have one, that they won't bring it to school.
 - 2) That they will not allow children to be members of group/web chats and that they won't have a social media account until they leave the school.

Please think about this carefully and if you are happy to sign it please do so (digitally). The difficult decisions we make as parents will be easier if the friends' parents are making similar difficult decisions!

- Bernardos will be coming in to speak to children and parents from 3rd to 6th class in February as part of internet safety week and Cyber Safe Kids will be coming in to speak to parents later in the year about more serious issues.
- **Sincere thanks to those parents who have volunteered to be part of the Internet Safety Group this year. We will be in touch with you soon.**



Ag guí Samhain dheas ar gach éinne!

Le teann measa,

Dairiona

Príomhoide

